

# ANATOMY & PHYSIOLOGY 101

**Sunday, January 23, 2022**  
**3rd Sunday after Epiphany**

“No matter who you are,  
No matter where you are  
on life’s journey,  
You are welcome here.”



# *Welcome to Worship*

at St. Paul UCC

January 23, 2022 9:00 am

## TODAY'S WORSHIP LEADERS

<i>Senior Pastor</i> .....	Rev. Michelle Torigian
<i>Music</i> .....	Janet Spencer
<i>Liturgist</i> .....	Donna Davis

**WELCOME**            Rev. Michelle Torigian

**PRELUDE**            *O For a Thousand Tongues to Sing*  
Steve Martin, arr.

### **INVOCATION (UNISON)**

**Spirit of Creation, through you our entire universe came into being. With you, our beautiful, complex bodies developed. Through you, rich life-giving nutrients travel throughout our circulatory system. With you, organs work together to present optimal health for humans.**

**Help us to see that each organ and each cell plays an important role in our health. Direct us to claim that each atom in the Body of Christ has a role in the health of humanity. Move us to celebrate the diversity of each cell and the connective tissue binding our souls. Amen.**

**\*OPENING HYMN**      *This Is My Father's World* (TERRA BEATA)  
Text: Maltie D. Babcock  
Music: Franklin L. Sheppard

*(see next page)*

Information about today's service: All St. Paul United Church of Christ services may be recorded and/or streamed. Music is used with permission through Onelicense.net License #A-715913, CCLI #1795791, St. James Press License #17755, or public domain.

Liturgy written by Rev. Michelle L. Torigian.

# This Is My Father's World

1 This is my Fa-ther's world, and to my lis - tening ears all  
2 This is my Fa-ther's world. O, let me ne'er for - get that

The first system of the musical score is in 4/4 time with a key signature of two flats (B-flat and E-flat). It features a vocal line in the treble clef and a bass line in the bass clef. The vocal line begins with a quarter note G4, followed by a quarter note A4, and then a series of chords. The bass line provides harmonic support with chords and a steady eighth-note accompaniment.

na - ture sings, and round me rings the mu - sic of the spheres.  
though the wrong seems oft so strong, God is the rul - er yet.

The second system continues the melody and accompaniment. The vocal line features a mix of quarter and eighth notes, with some chords. The bass line continues with a consistent accompaniment pattern.

This is my Fa-ther's world; I rest me in the thought of  
This is my Fa-ther's world. The bat - tle is not done: Je -

The third system shows the vocal line with a slight change in rhythm, including some quarter notes and chords. The bass line remains consistent.

rocks and trees, of skies and seas, his hand the won - ders wrought.  
sus who died shall be sat - is - fied, and earth and heaven be one.

The fourth system concludes the piece with a final cadence. The vocal line ends with a quarter note G4, and the bass line ends with a final chord. The piece concludes with a double bar line.

## **\*PRAYER OF REFLECTION**

Divine Designer, we often expect uniformity in our faith – even when we are each uniquely created by you, God. But even in our demand for uniformity, we forget our bonds to all other people and creation here on earth.

*In what ways have we neglected the great connection between God, neighbor, creation, and ourselves. Sweep away our biases, God. Heal our torn connections. Inspire us to develop a world filled with healthy joints and synapses which will build relationships and communications. Amen.*

## **CHILDREN’S CHAT**

MaryLu Bretsch

## **ANTHEM**

*Simple Gifts*  
Stephen & Teresa Schmidt

## **SCRIPTURE**

1 Corinthians 12:12-31

## **SERMON**

Anatomy and Physiology 101

Pastor Michelle

## **PASTORAL PRAYER AND LORD’S PRAYER**

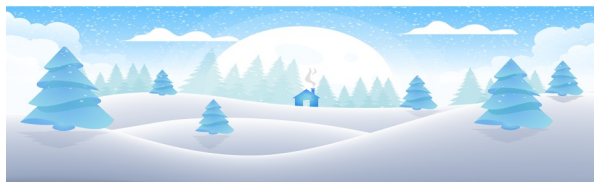
Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come. Thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our debts, as we forgive our debtors.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom and the power and the glory forever. Amen.

## **\*CLOSING HYMN**    *How Firm a Foundation* (FOUNDATION)

Text: 2 Peter 1:4; 'K' in Rippon's A Selection of Hymns, 1787

Music: American Folk Melody

*(See page 6)*



## \*BLESSING OF THE GIFTS (UNISON)

Eternal Source of Light and Love, we give thanks for the gifts you bestow upon us. We are grateful that you call us to use these gifts to build a just-filled world. May your spirit embolden us to use these gifts to bring more love into our communities. Amen.

## \*DOXOLOGY (Tune: *Old Hundreth*)

Praise God from whom all blessings flow;  
Praise Christ in whom God's grace we know  
Praise Spirit, with us evermore  
One God, triune, whom we adore. Amen.

## \*BENEDICTION

Through the stirrings of the Holy Spirit, we go on separate paths.  
But the winds of the Spirit bring us back together.  
We are individuals, unique, but we are one in Christ.  
May the love of God unite us today and throughout this week. Amen.

## POSTLUDE

*TOCCATA in Seven*  
John Rutter



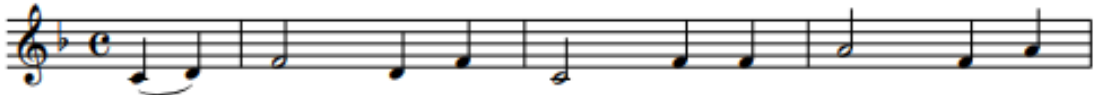
### **Souper-Bowl of Caring**

Bring in your cans of soups and other non-perishable food items February 6 & 13 for the Interfaith Food Pantry.

Participants can use their canned items to vote for their favorite football team in the big game as part of the fun!

When you bring in your cans of non-perishable food items on February 6 or 13, you can use your donation to “vote” on who you would like to win the Superbowl. We will have boxes on one side of the chancel for one team, and boxes on the other side of the chancel for the other team. And, for those who do not care for football or the teams playing, we will have a section in the middle those who are neutral. We thank you for participating in this fun activity to collect food for our neighbors!

# How Firm a Foundation



1. How firm a foun - da - tion, you saints of the  
2. "Fear not, I am with you, O be not dis -  
3. "When through the deep wa - ters I call you to  
4. "The soul that on Je - sus still leans for re -



Lord, Is laid for your faith in this ex - cel - lent  
mayed, For I am your God, and will still give you  
go, The riv - ers of woe shall not you o - ver -  
pose, I will not, I will not de - sert to its



Word! What more can God say than to you has been  
aid; I'll strength - en you, help you, and cause you to  
flow; For I will be with you, your trou - bles to  
foes; That soul, though all hell should en - deav - or to



said, To you who for ref - uge to Je - sus have fled?  
stand, Up - held by my right - eous, om - nip - o - tent hand.  
bless, And sanc - ti - fy to you, your deep - est dis - tress.  
shake, I'll nev - er, no nev - er, no nev - er for - sake!"



## **A Covid-19 Guidelines Update for St. Paul United Church of Christ Updated January 3, 2022**

Since the beginning of the Covid-19 pandemic, the St. Paul United Church of Christ leadership has taken this virus seriously and has followed local, state, and federal guidelines as well as listened to the science informing the public on the need for mitigations.

Due to increasing cases and the Omicron variant, we have made some adjustments to our guidelines.

First of all, we will be canceling all Sunday coffee hours throughout January and February, and the Culinaires' Breakfast will also be canceled on January 16 and February 20.

Secondly, previously scheduled events such as the Trivia Night and Valentine's Day Dinner (both in February) have been canceled for the time being. Our choir and bells will not practice during the month of January and February. Christian Education for all ages will not be held in January. All team meetings in January will be held on Zoom.

Third, we will be reinstating physical distancing in the sanctuary for worship and wherever possible in our building. We ask that our congregants be seated every-other pew where the blue cushions have been placed.

Masks are mandated at all times while in the St. Paul UCC building (per state guidelines). If you are unable to wear masks over both your nose and mouth, you can watch our service online on Facebook, YouTube, or on our website ([stpaulucc.org](http://stpaulucc.org)). Sunday morning services are also broadcast live on Jubilee 690AM.

It is important that we can continue to have worship in person if possible. By instituting these practices, we believe we can continue to do so safely.

Thank you for your help in keeping the St. Paul United Church of Christ community safe in this new year!

Blessings,

Dr. Steve Schmidt, Council President

Mimi Llamas, Safety Team

Dave Hoffmann, Safety Team

Rev. Michelle Torigian, Senior Pastor

Patrick Kinney, Facility Manager & Safety Coordinator

## Archives Artifacts - St. Paul trivia from the desk of Roger Henke

**In 2006, St. Paul Church allowed the use of our property at 1st and “C” streets for a permanent sign welcoming people to the Franklin Neighborhood. What was our partner organization that installed the sign?**



### This Week

#### Sundays

- 9am Traditional Worship  
10am Coffee Hour & Culinaire's  
breakfast cancelled until  
further notice.

Here is how to stay in touch with St. Paul

1) **Watch the services and check for event updates on FACBOOK -**

Like us at *St. Paul United Church of Christ Belleville, IL*

2) **Go to [stpaulucc.org](http://stpaulucc.org)**

-and you will find: videos of services, sermons, archives, and much more!!

3) **Listen to the radio! 690am**

9am Live Sundays & repeat at 9pm

4) **Sign up for the eNews (Newsletter)!**

### For Your Prayers

Gus Kuether                      Bev Juenger  
Lori Coleman                      Karen Zaber  
Al Stahl                              Audrey Krummrich  
Carol Hotz                              Joyce Maurer  
Shirley Martin                      Wayne Caughman  
Betty Hartmann                      Kristine Mueller  
Scott Schmidt, brother of Steve Schmidt

#### **PRAYER REQUESTS**

Please send prayer requests to  
[pastormichelle@stpaulucc.org](mailto:pastormichelle@stpaulucc.org)

or call 618-233-3303

*Praying for your health and well being!*

**Neighbors for Renewal**

**ANSWER:**



Watch videos on YouTube:  
<https://www.youtube.com/>



Like us on Facebook  
*St Paul United Church of Christ,  
Belleville, Illinois*

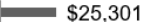

#### Weekly Attendance

9am Jan 9, 2022 66 + Online Participants Jan 8, 2021 All Virtual

Offering through 1/09/2022 - \$7,485

#### **General Fund**

Needed each week \$7,696

Giving to Date  \$25,301  
Budget to...  \$15,392

Total Budget  \$400,199